



Coffs Harbour Masters Swimming Inc Club Records

Last Updated: 20/11/2023

Event	Stroke	Age Grp	Female - Short Course				Female - Long Course			
			Name	Date	Time / Dist.	Meet	Name	Date	Time / Dist.	Meet
25m	FR	18-24								
50m	FR	18-24	Tenielle Stubbs	12/10/2019	32.21	Nsw State Championships				
100m	FR	18-24	Tenielle Stubbs	13/10/2019	01:11.70	Nsw State Championships				
200m	FR	18-24								
400m	FR	18-24	Jemma Werrell	11/06/2011	05:51.22	Clarence Masters Bps				
800m	FR	18-24								
1500m	FR	18-24								
30 Min	FR	18-24								
45 Min	FR	18-24								
60 Min	FR	18-24								
25m	BA	18-24								
50m	BA	18-24	Tenielle Stubbs	13/10/2019	39.37	Nsw State Championships				
100m	BA	18-24								
200m	BA	18-24								
400m	BA	18-24								
800m	BA	18-24								
1500m	BA	18-24								
30 Min	BA	18-24								
45 Min	BA	18-24								
60 Min	BA	18-24								
25m	BR	18-24								
50m	BR	18-24	Allyson Andrewartha	26/11/1994	47.78	Coffs Harbour				
100m	BR	18-24								
200m	BR	18-24								
400m	BR	18-24								
800m	BR	18-24								
1500m	BR	18-24								
30 Min	BR	18-24								
45 Min	BR	18-24								
60 Min	BR	18-24								
25m	BU	18-24								
50m	BU	18-24	Tenielle Stubbs	12/10/2019	36.45	Nsw State Championships				
100m	BU	18-24								
200m	BU	18-24								
400m	BU	18-24								
800m	BU	18-24								
1500m	BU	18-24								
100m	IM	18-24	Tenielle Stubbs	13/10/2019	01:26.45	Nsw State Championships				
200m	IM	18-24								



Coffs Harbour Masters Swimming Inc Club Records

Last Updated: 20/11/2023

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			Name	Date	Time / Dist.	Meet	Name	Date	Time / Dist.	Meet
400m	IM	18-24								
800m	IM	18-24								
25m	FR	25-29								
50m	FR	25-29				Tenielle Stubbs	18/11/2023	34.31	Port Macquarie BPS	
100m	FR	25-29				Tenielle Stubbs	18/11/2023	01:18.07	Port Macquarie BPS	
200m	FR	25-29								
400m	FR	25-29								
800m	FR	25-29								
1500m	FR	25-29								
30 Min	FR	25-29								
45 Min	FR	25-29								
60 Min	FR	25-29								
25m	BA	25-29								
50m	BA	25-29				Tenielle Stubbs	18/11/2023	42.78	Port Macquarie BPS	
100m	BA	25-29								
200m	BA	25-29								
400m	BA	25-29								
800m	BA	25-29								
1500m	BA	25-29								
30 Min	BA	25-29								
45 Min	BA	25-29								
60 Min	BA	25-29								
25m	BR	25-29								
50m	BR	25-29								
100m	BR	25-29								
200m	BR	25-29								
400m	BR	25-29								
800m	BR	25-29								
1500m	BR	25-29								
30 Min	BR	25-29								
45 Min	BR	25-29								
60 Min	BR	25-29								
25m	BU	25-29								
50m	BU	25-29								
100m	BU	25-29								
200m	BU	25-29								
400m	BU	25-29								
800m	BU	25-29								



Coffs Harbour Masters Swimming Inc Club Records

Last Updated: 20/11/2023

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			Name	Date	Time / Dist.	Meet	Name	Date	Time / Dist.	Meet
1500m	BU	25-29								
100m	IM	25-29								
200m	IM	25-29								
400m	IM	25-29								
800m	IM	25-29								
25m	FR	30-34								
50m	FR	30-34				Jemma Werrell	18/11/2023	39.41	Port Macquarie BPS	
100m	FR	30-34				Gemma Bannerman	09/04/2016	01:36.69	Nsw State Championships	
200m	FR	30-34								
400m	FR	30-34								
800m	FR	30-34								
1500m	FR	30-34								
30 Min	FR	30-34								
45 Min	FR	30-34								
60 Min	FR	30-34								
25m	BA	30-34								
50m	BA	30-34				Jemma Werrell	18/11/2023	43.00	Port Macquarie BPS	
100m	BA	30-34				Jemma Werrell	18/11/2023	01:38.45	Port Macquarie BPS	
200m	BA	30-34				Jemma Werrell	18/11/2023	03:30.32	Port Macquarie BPS	
400m	BA	30-34								
800m	BA	30-34								
1500m	BA	30-34								
30 Min	BA	30-34								
45 Min	BA	30-34								
60 Min	BA	30-34								
25m	BR	30-34								
50m	BR	30-34				Gemma Bannerman	09/04/2016	51.43	Nsw State Championships	
100m	BR	30-34				Gemma Bannerman	21/04/2016	01:55.81	National Championships Msac	
200m	BR	30-34								
400m	BR	30-34								
800m	BR	30-34								
1500m	BR	30-34								
30 Min	BR	30-34								
45 Min	BR	30-34								
60 Min	BR	30-34								
25m	BU	30-34								
50m	BU	30-34								
100m	BU	30-34								



Coffs Harbour Masters Swimming Inc Club Records

Last Updated: 20/11/2023

Event	Stroke	Age Grp	Female - Short Course				Female - Long Course			
			Name	Date	Time / Dist.	Meet	Name	Date	Time / Dist.	Meet
200m	BU	30-34								
400m	BU	30-34								
800m	BU	30-34								
1500m	BU	30-34								
100m	IM	30-34								
200m	IM	30-34								
400m	IM	30-34								
800m	IM	30-34								
25m	FR	35-39	Olga Budovich	17/12/2016	17.51	Coffs Harbour Time Trial				
50m	FR	35-39	Hayley Patrech	09/06/2012	30.44	Clarence River Bps	Amanda Mordue	11/03/2017	30.65 Nationals	
100m	FR	35-39	Hayley Patrech	10/06/2012	01:11.31	Clarence River Bps	Hayley Patrech	18/04/2013	01:08.81 Nationals	
200m	FR	35-39	Hayley Patrech	10/06/2012	02:58.06	Clarence River Bps	Hayley Patrech	18/04/2013	02:23.53 Nationals	
400m	FR	35-39	Hayley Patrech	09/06/2012	05:21.43	Clarence River Bps	Hayley Patrech	20/04/2013	05:01.70 Nationals	
800m	FR	35-39	Olga Budovich	29/10/2016	12:37.84	Endurance 1000	Hayley Patrech	17/04/2013	10:25.03 Nationals	
1500m	FR	35-39	Olga Budovich	03/12/2016	23:49.22	Endurance 1000				
30 Min	FR	35-39	Olga Budovich	15/10/2016	1825m	Endurance 1000				
45 Min	FR	35-39								
60 Min	FR	35-39								
25m	BA	35-39	Hayley Patrech	09/06/2012	18.36	Clarence River Bps				
50m	BA	35-39	Hayley Patrech	09/06/2012	38.44	Clarence River Bps	Hayley Patrech	16/02/2013	36.17 Miami	
100m	BA	35-39	Hayley Patrech	10/06/2012	01:22.19	Clarence River Bps	Hayley Patrech	19/04/2013	01:18.68 Nationals	
200m	BA	35-39	Hayley Patrech	10/06/2012	02:58.06	Clarence River Bps	Hayley Patrech	20/04/2013	02:48.62 Nationals	
400m	BA	35-39					Hayley Patrech	10/11/2012	06:06.78 Masters Games	
800m	BA	35-39								
1500m	BA	35-39								
30 Min	BA	35-39								
45 Min	BA	35-39								
60 Min	BA	35-39								
25m	BR	35-39								
50m	BR	35-39	Olga Budovich	17/12/2016	52.20	Coffs Harbour Time Trial	Amanda Mordue	08/03/2017	48.82 Nationals	
100m	BR	35-39								
200m	BR	35-39								
400m	BR	35-39								
800m	BR	35-39								
1500m	BR	35-39								
30 Min	BR	35-39								
45 Min	BR	35-39								
60 Min	BR	35-39								



Coffs Harbour Masters Swimming Inc Club Records

Last Updated: 20/11/2023

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			Name	Date	Time / Dist.	Meet	Name	Date	Time / Dist.	Meet
30 Min	BR	40-44								
45 Min	BR	40-44								
60 Min	BR	40-44								
25m	BU	40-44	Jodie Gordon	21/04/2022	16.38	Nationals				
50m	BU	40-44	Elizabeth Haywood	26/11/1994	35.20	Coffs Harbour	Lesley Gough	27/11/1993	36.04 Coffs Harbour	
100m	BU	40-44								
200m	BU	40-44					Lesley Gough	22/11/1993	03:01.20 Coffs Harbour	
400m	BU	40-44								
800m	BU	40-44								
1500m	BU	40-44								
100m	IM	40-44	Jodie Gordon	22/04/2022	01:24.05	Nationals				
200m	IM	40-44	Lesley Gough	13/06/1993	02:56.33	Tamworth - Australian Record	Jodie Gordon	11/11/2022	03:13.43 Pan Pacific Masters Games	
400m	IM	40-44	Olga Budovich	07/10/2017	07:10.19	Endurance 1000				
800m	IM	40-44	Olga Budovich	30/09/2017	14:55.35	Endurance 1000				
25m	FR	45-49	Amanda Greenham	05/09/2015	17.95	Coffs Harbour Time Trial				
50m	FR	45-49	Elizabeth Lloyd	16/07/2000	32.34	Nsw Games Sawtell	Pam Fletcher		33.25	
100m	FR	45-49	Lesley Gough	12/06/1994	01:10.13	Tamworth - Australian Record	Pam Fletcher		01:17.16	
200m	FR	45-49	Lesley Gough	23/07/1994	02:30.44	Canberra Ais - Australian Record	Lesley Gough	16/04/1994	02:33.54 Blacktown - Australian Record	
400m	FR	45-49	Lesley Gough	11/06/1994	05:13.11	Tamworth - Australian Record	Lesley Gough	15/04/1994	05:21.88 Blacktown - Australian Record	
800m	FR	45-49	Lesley Gough	23/07/1994	10:54.63	Canberra Ais - Australian Record	Lesley Gough	25/03/1995	11:20.33 Miami - Australian Record	
1500m	FR	45-49	Lesley Gough	24/07/1994	20:55.00	Canberra Ais - Australian Record				
30 Min	FR	45-49								
45 Min	FR	45-49								
60 Min	FR	45-49								
25m	BA	45-49								
50m	BA	45-49	Sheryl Clark	26/11/1994	47.11	Coffs Harbour	Michelle Stubbs	06/11/2016	54.83 Pan Pacific Masters Games	
100m	BA	45-49								
200m	BA	45-49					Judy Muir	27/11/1993	04:25.64 Coffs Harbour	
400m	BA	45-49	Amanda Greenham	04/07/2015	08:49.75	Endurance 1000				
800m	BA	45-49								
1500m	BA	45-49								
30 Min	BA	45-49								
45 Min	BA	45-49								
60 Min	BA	45-49								
25m	BR	45-49								
50m	BR	45-49								
100m	BR	45-49								
200m	BR	45-49								



Coffs Harbour Masters Swimming Inc Club Records

Last Updated: 20/11/2023

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			Name	Date	Time / Dist.	Meet	Name	Date	Time / Dist.	Meet
400m	BR	45-49	Amanda Greenham	05/09/2015	08:42.85	Endurance 1000				
800m	BR	45-49	Amanda Greenham	13/09/2015	17:17.31	Endurance 1000				
1500m	BR	45-49	Amanda Greenham	17/10/2015	34:29.06	Endurance 1000				
30 Min	BR	45-49								
45 Min	BR	45-49								
60 Min	BR	45-49								
25m	BU	45-49								
50m	BU	45-49	Lesley Gough	26/11/1994	35.53	Coffs Harbour	Lesley Gough	22/11/1997	37.26	Coffs Harbour
100m	BU	45-49	Lesley Gough	13/05/1995	01:20.29	Grafton - Australian Record	Lesley Gough	26/03/1994	01:17.38	Adelaide Ac - Australian Record
200m	BU	45-49	Lesley Gough	12/06/1994	02:49.70	Tamworth - Australian Record	Lesley Gough	16/04/1994	02:53.79	Adelaide Ac - Australian Record
400m	BU	45-49								
800m	BU	45-49								
1500m	BU	45-49								
100m	IM	45-49	Elizabeth Lloyd	16/07/2000	01:24.17	Nsw Games Sawtell				
200m	IM	45-49	Elizabeth Lloyd	16/07/2000	03:20.08	Nsw Games Sawtell	Lesley Gough	23/03/1994	02:56.74	Adelaide Ac - Australian Record
400m	IM	45-49	Lesley Gough	08/06/1997	06:27.77	Tamworth - Australian Record	Lesley Gough	12/10/1998	06:56.60	Adelaide Ac - Australian Record
800m	IM	45-49								
25m	FR	50-54	Louise Dam	29/02/2020	16.70	Coffs Harbour Time Trial				
50m	FR	50-54	Louise Dam	12/10/2019	35.75	Nsw State Championships	Pam Fletcher	27/11/1993	37.11	Coffs Harbour
100m	FR	50-54	Lesley Gough	16/07/2000	01:11.12	Nsw Games Sawtell - Nsw Record	Rose Jeff	27/11/1993	01:23.02	Coffs Harbour
200m	FR	50-54	Lesley Gough	16/07/2000	02:32.50	Nsw Games Sawtell - Aust Record	Rose Jeff	27/11/1993	03:11.21	Coffs Harbour
400m	FR	50-54	Louise Dam	02/09/2017	06:23.16	Endurance 1000				
800m	FR	50-54	Lesley Gough	10/06/2000	11:06.30	South Grafton - Australian Record				
1500m	FR	50-54								
30 Min	FR	50-54	Louise Dam	03/06/2017	1775m	Endurance 1000				
45 Min	FR	50-54								
60 Min	FR	50-54								
25m	BA	50-54	Louise Dam	04/08/2018	22.86	Coffs Harbour Time Trial				
50m	BA	50-54	Rose Jeff	16/11/1994	45.41	Coffs Harbour	Louise Dam	02/11/2019	48.21	Port Macquarie Bps
100m	BA	50-54	Louise Dam	01/01/2017	01:40.28	Coffs Harbour Time Trial				
200m	BA	50-54	Louise Dam	04/08/2018	03:41.83	Coffs Harbour Time Trial				
400m	BA	50-54								
800m	BA	50-54								
1500m	BA	50-54								
30 Min	BA	50-54								
45 Min	BA	50-54								
60 Min	BA	50-54								
25m	BR	50-54	Louise Dam	04/08/2018	20.93	Coffs Harbour Time Trial				



Coffs Harbour Masters Swimming Inc Club Records

Last Updated: 20/11/2023

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			Name	Date	Time / Dist.	Meet	Name	Date	Time / Dist.	Meet
50m	BR	50-54	Louise Dam	12/10/2019	44.23	Nsw State Championships	Louise Dam	02/11/2019	45.27	Port Macquarie BPS
100m	BR	50-54	Louise Dam	12/10/2019	01:35.33	Nsw State Championships	Louise Dam	02/11/2019	01:37.39	Port Macquarie Bps
200m	BR	50-54	Louise Dam	13/10/2019	03:20.13	Nsw State Championships	Pam Fletcher	12/03/1992	03:31.21	Melbourne Ssc - Australian Record
400m	BR	50-54	Louise Dam	28/07/2018	7:29.49	Endurance 1000				
800m	BR	50-54	Louise Dam	11/08/2018	15:12.20	Endurance 1000				
1500m	BR	50-54								
30 Min	BR	50-54								
45 Min	BR	50-54								
60 Min	BR	50-54								
25m	BU	50-54	Lou Dam	04/08/2018	20.25	Coffs Harbour Time Trial				
50m	BU	50-54	Lesley Gough	16/07/2000	35.69	Nsw Games Sawtell	Pam Fletcher	27/11/1993	42.86	Coffs Harbour
100m	BU	50-54	Lesley Gough	16/07/2000	01:19.59	Nsw Games Sawtell - Aust Record	Lesley Gough	11/07/1998	01:23.14	Port Macquarie - Australian Record
200m	BU	50-54	Lesley Gough	11/06/2000	02:56.99	South Grafton - Australian Record	Pam Fletcher	11/10/1991	03:33.20	Chandler - Australian Record
400m	BU	50-54								
800m	BU	50-54								
1500m	BU	50-54								
100m	IM	50-54	Louise Dam	29/02/2020	01:33.73	Coffs Harbour Time Trial				
200m	IM	50-54	Lesley Gough	16/07/2000	02:59.44	Nsw Games Sawtell - Aust Record				
400m	IM	50-54	Lesley Gough	16/07/2000	06:17.35	Nsw Games Sawtell - Aust Record	Pam Fletcher	04/05/1993	06:56.49	Chandler - Australian Record
800m	IM	50-54								
25m	FR	55-59	Louise Dam	23/04/2022	17.06	Nationals				
50m	FR	55-59	Louise Dam	21/04/2022	36.66	Nationals	Louise Dam	12/11/2022	35.66	Pan Pacific Masters Games
100m	FR	55-59	Louise Dam	23/04/2022	01:18.33	Nationals	Louise Dam	11/11/2022	01:21.90	Pan Pacific Masters Games
200m	FR	55-59	Louise Dam	21/04/2022	02:51.90	Nationals	Louise Dam	12/11/2022	02:56.82	Pan Pacific Masters Games
400m	FR	55-59	Louise Dam	20/04/2022	06:04.81	Nationals	Louise Dam	10/11/2022	06:14.13	Pan Pacific Masters Games
800m	FR	55-59	Louise Dam	20/04/2022	12:35.15	Nationals	Rose Jeff	09/06/2001	13:44.88	Grafton Masters Carnival
1500m	FR	55-59	Leanne Da Costa	03/08/2019	27:53.54	Endurance 1000	Leanne Da Costa	07/11/2018	28:34.46	Pan Pacific Masters Games
3000m	FR	55-59	Leanne Da Costa	31/03/2018	59:58.23	Coffs Harbour Time Trial				
30 Min	FR	55-59	Leanne Da Costa	20/01/2018	1600m	Endurance 1000				
45 Min	FR	55-59	Leanne Da Costa	20/07/2019	2375m	Endurance 1000				
60 Min	FR	55-59	Leanne Da Costa	27/07/2019	3150M	Endurance 1000				
25m	BA	55-59	Leanne Da Costa	29/11/2015	23.05	Coffs Harbour Time Trial				
50m	BA	55-59	Louise Dam	22/04/2022	47.42	Nationals	Anthea Barnfield	05/10/2015	49.08	Masters Games Saalc
100m	BA	55-59	Leanne Da Costa	15/10/2017	01:47.24	Nsw State Championships	Leanne Da Costa	10/03/2017	01:57.50	Nationals
200m	BA	55-59	Leanne Da Costa	14/10/2017	03:51.62	Nsw State Championships	Leanne Da Costa	17/03/2018	04:08.94	Nsw State Championships
400m	BA	55-59	Leanne Da Costa	22/06/2019	08:09.62	Endurance 1000	Leanne Da Costa	04/11/2016	08:56.81	Pan Pacific Masters Games
800m	BA	55-59	Leanne Da Costa	15/06/2019	17:03.19	Endurance 1000				
1500m	BA	55-59	Leanne Da Costa	08/06/2019	32:56.55	Endurance 1000				



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Last Updated: 20/11/2023

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			Name	Date	Time / Dist.	Meet	Name	Date	Time / Dist.	Meet
30 Min	BA	55-59	Leanne Da Costa	16/02/2019	1350m	Endurance 1000				
45 Min	BA	55-59	Leanne Da Costa	01/06/2019	2050m	Endurance 1000				
60 Min	BA	55-59	Leanne Da Costa	08/06/2019	2700m	Endurance 1000				
25m	BR	55-59	Louise Dam	22/04/2022	20.56	Nationals				
50m	BR	55-59	Louise Dam	23/04/2022	45.00	Nationals	Louise Dam	02/04/2023	44.98	NSW State Championships
100m	BR	55-59	Louise Dam	23/04/2022	01:34.54	Nationals	Pam Fletcher	17/03/1996	01:38.00	Sydney lac - Australian Record
200m	BR	55-59	Louise Dam	21/04/2022	03:23.40	Nationals	Louise Dam	12/11/2022	03:28.77	Pan Pacific Masters Games
400m	BR	55-59	Julie Collins	03/02/2018	08:56.50	Endurance 1000	Louise Dam	10/11/2022	07:18.62	Pan Pacific Masters Games
800m	BR	55-59	Julie Collins	20/01/2018	18:31.37	Endurance 1000	Louise Dam	09/11/2022	14:54.22	Pan Pacific Masters Games
1500m	BR	55-59	Julie Collins	04/08/2018	35:59.28	Endurance 1000	Louise Dam	18/03/2023	29:35.46	Cessnock BPS
30 Min	BR	55-59	Julie Collins	14/04/2018	1275m	Endurance 1000				
45 Min	BR	55-59	Julie Collins	01/09/2018	1850m	Endurance 1000				
60 Min	BR	55-59	Julie Collins	10/11/2018	2400m	Endurance 1000				
25m	BU	55-59	Leanne Da Costa	23/11/2019	20.66	Coffs Harbour Time Trial				
50m	BU	55-59	Leanne Da Costa	12/10/2019	48.41	Nsw State Championships	Rose Jeff	09/06/2001	46.32	Grafton Masters Carnival
100m	BU	55-59	Pam Fletcher	16/07/2000	01:42.41	Nsw Games Sawtell	Pam Fletcher	29/03/1997	01:35.38	Sydney lac - Australian Record
200m	BU	55-59	Leanne Da Costa	20/05/2017	04:01.79	Woy Woy Bps	Pam Fletcher	17/03/1996	03:36.74	Sydney lac - Australian Record
400m	BU	55-59	Leanne Da Costa	03/06/2017	09:07.93	Endurance 1000				
800m	BU	55-59	Leanne Da Costa	19/10/2019	20:07.35	Endurance 1000				
1500m	BU	55-59								
100m	IM	55-59	Pam Fletcher	16/07/2000	01:39.70	2000 Masters Sawtell				
200m	IM	55-59	Leanne Da Costa	23/11/2019	03:54.52	Coffs Harbour Time Trial	Pam Fletcher	16/03/1996	03:27.03	Sydney lac - Australian Record
400m	IM	55-59	Pam Fletcher	16/07/2000	07:23.28	2000 Masters Sawtell - Nsw Record	Leanne Da Costa	08/11/2018	08:24.84	Pan Pacific Masters Games
800m	IM	55-59	Leanne Da Costa	29/06/2019	17:13.31	Endurance 1000				
25m	FR	60-64	Leanne Da Costa	27/04/2020	17.57	Coffs Harbour Time Trial				
50m	FR	60-64	Anthea Barnfield	21/10/2017	38.72	Aust. Masters Games	Anthea Barnfield	21/03/2019	38.18	Nationals
100m	FR	60-64	Anthea Barnfield	22/10/2017	01:28.23	Aust. Masters Games	Anthea Barnfield	22/03/2019	01:29.11	Nationals
200m	FR	60-64	Pam Fletcher	01/01/2002	03:11.64	N.A.	Hilary Young	18/04/2013	03:28.79	Nationals
400m	FR	60-64	Pam Fletcher	01/01/2001	06:43.15	Top Ten	Leanne Da Costa	10/11/2022	07:17.98	Pan Pacific Masters Games
800m	FR	60-64	Leanne Da Costa	20/04/2022	13:54.26	Nationals	Leanne Da Costa	19/03/2022	15:24.29	Cessnock BPS
1500m	FR	60-64	Leanne Da Costa	07/03/2020	27:31.91	Endurance 1000	Leanne Da Costa	19/03/2022	29:02.61	Cessnock BPS
30 Min	FR	60-64	Leanne Da Costa	29/02/2020	1625m	Endurance 1000	Leanne Da Costa	19/03/2022	1500M	Cessnock BPS
45 Min	FR	60-64	Leanne Da Costa	07/05/2022	2375m	Endurance 1000				
60 Min	FR	60-64	Leanne Da Costa	24/10/2020	3150m	Endurance 1000				
25m	BA	60-64	Leanne Da Costa	27/04/2021	22.10	Coffs Harbour Time Trial				
50m	BA	60-64	Leanne Da Costa	09/04/2022	48.81	Coffs Harbour Time Trial	Anthea Barnfield	22/03/2019	51.57	Nationals
100m	BA	60-64	Leanne Da Costa	21/04/2022	01:47.12	Nationals				
200m	BA	60-64	Leanne Da Costa	22/04/2022	03:52.78	Nationals				



Coffs Harbour Masters Swimming Inc Club Records

Last Updated: 20/11/2023

Event	Stroke	Age Grp	Female - Short Course				Female - Long Course			
			Name	Date	Time / Dist.	Meet	Name	Date	Time / Dist.	Meet
400m	BA	60-64	Leanne Da Costa	01/04/2022	08:14.95	Endurance 1000				
800m	BA	60-64	Leanne Da Costa	10/10/2020	16:53.56	Endurance 1000				
1500m	BA	60-64	Leanne Da Costa	30/01/2021	32:40.65	Endurance 1000				
30 Min	BA	60-64	Leanne Da Costa	23/01/2021	1400m	Endurance 1000				
45 Min	BA	60-64	Leanne Da Costa	08/01/2022	2050m	Endurance 1000				
60 Min	BA	60-64	Leanne Da Costa	13/02/2021	2700m	Endurance 1000				
25m	BR	60-64	Leanne Da Costa	27/04/2021	22.81	Coffs Harbour Time Trial				
50m	BR	60-64	Anthea Barnfield	21/10/2017	48.78	Aust. Masters Games	Anthea Barnfield	20/03/2019	48.56	Nationals
100m	BR	60-64	Anthea Barnfield	21/10/2017	01:48.41	Aust. Masters Games	Anthea Barnfield	19/03/2019	01:49.64	Nationals
200m	BR	60-64	Hilary Young	10/04/2015	04:01.95	Hobart Nationals	Hilary Young	20/03/2015	04:06.08	Nsw State Championships
400m	BR	60-64	Julie Collins	23/11/2019	08:48.83	Endurance 1000				
800m	BR	60-64	Hilary Young	04/07/2015	17:44.90	Endurance 1000	Julie Collins	31/03/2019	19:47.90	Endurance 1000 (Alice Springs)
1500m	BR	60-64	Leanne Da Costa	26/02/2022	37:20.58	Endurance 1000				
30 Min	BR	60-64	Julie Collins	09/02/2019	1225m	Endurance 1000				
45 Min	BR	60-64	Julie Collins	25/05/2019	1825m	Endurance 1000				
60 Min	BR	60-64	Leanne Da Costa	27/02/2021	2350m	Endurance 1000				
25m	BU	60-64	Leanne Da Costa	27/04/2021	19.28	Coffs Harbour Time Trial				
50m	BU	60-64	Pam Fletcher	01/01/2002	43.96	N.A.	Pam Fletcher	01/01/2001	45.62	Top Ten
100m	BU	60-64	Pam Fletcher	18/03/2002	01:43.26	Sydney Ac - Australian Record	Pam Fletcher	25/03/2001	01:41.53	NSW State Record
200m	BU	60-64	Pam Fletcher	10/06/2001	03:39.97	Sydney Ac - Australian Record	Pam Fletcher	24/03/2001	03:42.51	Blacktown - Australian Record
400m	BU	60-64	Leanne Da Costa	08/05/2021	08:30.98	Endurance 1000	Leanne Da Costa	11/11/2022	09:13.21	Pan Pacific Masters Games
800m	BU	60-64	Leanne Da Costa	01/05/2021	17:38.95	Endurance 1000	Leanne Da Costa	09/11/2022	19:30.85	pan pacific Masters Games - NSW State Record
1500m	BU	60-64	Leanne Da Costa	02/07/2022	38:39.21	Coffs Harbour Time Trial				
100m	IM	60-64	Joan Wehrens	16/07/2000	01:39.09	Nsw Games Sawtell				
200m	IM	60-64	Pam Fletcher	17/03/2002	03:34.81	Sydney Ac - Australian Record	Pam Fletcher	01/01/2001	03:41.13	Top Ten
400m	IM	60-64	Pam Fletcher	18/03/2002	07:27.80	Sydney Ac - Australian Record	Hilary Young	09/04/2015	08:16.21	Hobart Nationals
800m	IM	60-64	Leanne Da Costa	15/05/2021	16:59.24	Endurance 1000	Leanne Da Costa	19/06/2022	19:39.09	Coffs Harbour Time Trial
25m	FR	65-69	Hilary Young	17/12/2016	21.09	Coffs Harbour Time Trial				
50m	FR	65-69	Hilary Young	17/12/2016	46.86	Coffs Harbour Time Trial	Anthea Barnfield	22/04/2023	40.48	Nationals
100m	FR	65-69	Hilary Young	13/10/2018	01:39.58	Nsw State Championships	Anthea Barnfield	20/04/2023	01:34.91	Nationals
200m	FR	65-69	Hilary Young	13/10/2018	03:28.72	Nsw State Championships	Hilary Young	27/04/2019	03:30.32	Nsw State Championships
400m	FR	65-69	Hilary Young	26/08/2017	07:25.23	Endurance 1000	Hilary Young	06/11/2016	07:44.49	Pan Pacific Masters Games
800m	FR	65-69	Hilary Young	23/09/2017	15:25.25	Endurance 1000				
1500m	FR	65-69	Hilary Young	17/02/2018	30:09.74	Endurance 1000				
30 Min	FR	65-69	Hilary Young	23/01/2016	1475m	Endurance 1000				
45 Min	FR	65-69	Hilary Young	19/03/2016	2250m	Endurance 1000				
60 Min	FR	65-69	Hilary Young	11/08/2018	2950m	Endurance 1000				



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Last Updated: 20/11/2023

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			Name	Date	Time / Dist.	Meet	Name	Date	Time / Dist.	Meet
25m	BA	65-69	Hilary Young	17/12/2016	26.87	Coffs Harbour Time Trial				
50m	BA	65-69	Hilary Young	10/06/2017	54.94	Yamba Bps	Anthea Barnfield	22/04/2023	52.35	Nationals
100m	BA	65-69								
200m	BA	65-69								
400m	BA	65-69	Hilary Young	04/08/2018	08:55.07	Endurance 1000				
800m	BA	65-69	Hilary Young	21/10/2017	18:10.55	Endurance 1000				
1500m	BA	65-69	Hilary Young	10/03/2018	34:19.58	Endurance 1000				
30 Min	BA	65-69	Hilary Young	24/02/2018	1275m	Endurance 1000				
45 Min	BA	65-69	Hilary Young	14/07/2018	1825m	Endurance 1000				
60 Min	BA	65-69								
25m	BR	65-69	Hilary Young	17/12/2016	26.50	Coffs Harbour Time Trial				
50m	BR	65-69	Hilary Young	17/12/2016	59.12	Coffs Harbour Time Trial	Anthea Barnfield	20/04/2023	49.43	Nationals
100m	BR	65-69	Hilary Young	13/10/2018	02:00.45	Nsw State Championships	Anthea Barnfield	19/04/2023	01:49.16	Nationals
200m	BR	65-69	Hilary Young	14/10/2018	04:21.08	Nsw State Championships	Hilary Young	27/04/2019	04:15.65	Nsw State Championships
400m	BR	65-69	Hilary Young	09/04/2016	08:43.47	Endurance 1000	Hilary Young	04/11/2016	09:00.85	Pan Pacific Masters Games
800m	BR	65-69	Hilary Young	09/01/2016	17:50.58	Endurance 1000				
1500m	BR	65-69	Hilary Young	28/10/2017	36:17.84	Endurance 1000				
30 Min	BR	65-69	Hilary Young	22/04/2017	1225m	Endurance 1000				
45 Min	BR	65-69	Hilary Young	30/06/2018	1825m	Endurance 1000				
60 Min	BR	65-69								
25m	BU	65-69	Hilary Young	17/12/2016	26.19	Coffs Harbour Time Trial				
50m	BU	65-69	Hilary Young	13/10/2018	59.87	Nsw State Championships	Hilary Young	04/11/2016	01:01.82	Pan Pacific Masters Games
100m	BU	65-69					Hilary Young	11/11/2017	02:21.90	Port Macquarie Bps
200m	BU	65-69								
400m	BU	65-69	Hilary Young	19/05/2018	13:05.26	Endurance 1000				
800m	BU	65-69	Hilary Young	01/09/2018	26:31.20	Endurance 1000				
1500m	BU	65-69								
100m	IM	65-69	Hilary Young	14/10/2018	01:51.48	Nsw State Championships				
200m	IM	65-69	Hilary Young	13/10/2018	04:02.13	Nsw State Championships	Hilary Young	03/11/2018	03:53.71	Port Macquarie Bps
400m	IM	65-69	Hilary Young	02/09/2017	08:55.17	Endurance 1000	Hilary Young	04/11/2016	08:59.23	Pan Pacific Masters Games
800m	IM	65-69	Hilary Young	30/09/2017	19:05.82	Endurance 1000				
25m	FR	70-74	Rosemary Jeff	17/12/2016	21.03	Coffs Harbour Time Trial				
50m	FR	70-74	Rosemary Jeff	17/12/2016	46.97	Coffs Harbour Time Trial	Rosemary Jeff	08/04/2017	45.60	Nsw State Championships
100m	FR	70-74	Rosemary Jeff	17/12/2016	1:45.41	Coffs Harbour Time Trial	Hilary Young	11/11/2022	01:37.14	Pan Pacific Masters Games
200m	FR	70-74	Hilary Young	12/02/2022	03:37.24	Myall Lakes BPS	Hilary Young	12/11/2022	03:30.59	Pan Pacific Masters Games
400m	FR	70-74	Rose Jeff	22/10/2016	08:00.41	Endurance 1000	Hilary Young	21/04/2023	07:33.54	Nationals
800m	FR	70-74	Rose Jeff	13/02/2016	16:12.91	Endurance 1000	Hilary Young	18/04/2023	15:42.97	Nationals
1500m	FR	70-74	Deanna Dick	23/08/2015	35:55.97	Endurance 1000				



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Last Updated: 20/11/2023

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30 Min	FR	70-74	Rose Jeff	19/03/2016	1500m	Endurance 1000				
45 Min	FR	70-74								
60 Min	FR	70-74								
25m	BA	70-74	Rosemary Jeff	17/12/2016	27.22	Coffs Harbour Time Trial				
50m	BA	70-74	Rosemary Jeff	17/12/2016	1:00.23	Coffs Harbour Time Trial	Rosemary Jeff	06/11/2016	59.71	Pan Pacific Masters Games
100m	BA	70-74					Rosemary Jeff	05/11/2016	02:15.81	Pan Pacific Masters Games
200m	BA	70-74					Rosemary Jeff	09/04/2017	04:40.11	Nsw State Championships
400m	BA	70-74	Rose Jeff	08/10/2016	09:32.87	Endurance 1000	Rosemary Jeff	04/11/2016	09:58.09	Pan Pacific Masters Games
800m	BA	70-74	Rose Jeff	22/11/2015	20:37.36	Endurance 1000				
1500m	BA	70-74								
30 Min	BA	70-74	Deanna Dick	15/11/2015	1025m	Endurance 1000				
45 Min	BA	70-74								
60 Min	BA	70-74								
25m	BR	70-74	Rosemary Jeff	17/12/2016	27.91	Coffs Harbour Time Trial				
50m	BR	70-74	Deanna Dick	11/06/2017	01:15.84	Yamba Bps	Hilary Young	16/10/2022	01:00.50	Nsw state Championships
100m	BR	70-74	Hilary Young	12/02/2022	02:04.38	Myall Lakes BPS	Hilary Young	11/11/2022	02:07.26	Pan Pacific Masters Games
200m	BR	70-74					Hilary Young	16/10/2022	04:36.13	Nsw State Championships
400m	BR	70-74	Deanna Dick	05/03/2016	10:37.76	Endurance 1000	Deanna Dick	06/11/2014	10:49.86	Masters Games
800m	BR	70-74	Deanna Dick	13/09/2015	21:44.46	Endurance 1000				
1500m	BR	70-74	Deanna Dick	18/07/2015	44:55.68	Endurance 1000				
30 Min	BR	70-74	Deanna Dick	29/08/2015	1000m	Endurance 1000				
45 Min	BR	70-74								
60 Min	BR	70-74								
25m	BU	70-74	Hilary Young	12/02/2022	27.09	Myall Lakes BPS				
50m	BU	70-74					Rosemary Jeff	09/04/2016	58.93	Nsw State Championships
100m	BU	70-74								
200m	BU	70-74								
400m	BU	70-74								
800m	BU	70-74								
1500m	BU	70-74								
100m	IM	70-74	Hilary Young	12/02/2022	01:59.81	Myall Lakes BPS				
200m	IM	70-74					Hilary Young	11/11/2022	04:11.82	Pan Pacific Masters Games
400m	IM	70-74								
800m	IM	70-74								
25m	FR	75-79	Rose Jeff	29/02/2020	21.31	Coffs Harbour Time Trial				
50m	FR	75-79	Rose Jeff	12/10/2019	46.52	Nsw State Championships	Rose Jeff	27/04/2019	45.38	Nsw State Championships
100m	FR	75-79	Rose Jeff	13/10/2019	01:44.46	Nsw State Championships	Rose Jeff	10/11/2018	01:44.63	Pan Pacific Masters Games
200m	FR	75-79	Rose Jeff	12/10/2019	03:52.28	Nsw State Championships	Rose Jeff	19/04/2018	03:55.77	Nationals



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			Name	Date	Time / Dist.	Meet	Name	Date	Time / Dist.	Meet
50m	FR	80-84								
100m	FR	80-84								
200m	FR	80-84								
400m	FR	80-84								
800m	FR	80-84								
1500m	FR	80-84								
30 Min	FR	80-84								
45 Min	FR	80-84								
60 Min	FR	80-84								
25m	BA	80-84								
50m	BA	80-84								
100m	BA	80-84								
200m	BA	80-84								
400m	BA	80-84								
800m	BA	80-84								
1500m	BA	80-84								
30 Min	BA	80-84								
45 Min	BA	80-84								
60 Min	BA	80-84								
25m	BR	80-84								
50m	BR	80-84								
100m	BR	80-84								
200m	BR	80-84								
400m	BR	80-84								
800m	BR	80-84								
1500m	BR	80-84								
30 Min	BR	80-84								
45 Min	BR	80-84								
60 Min	BR	80-84								
25m	BU	80-84								
50m	BU	80-84								
100m	BU	80-84								
200m	BU	80-84								
400m	BU	80-84								
800m	BU	80-84								
1500m	BU	80-84								
100m	IM	80-84								
200m	IM	80-84								
400m	IM	80-84								



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			Name	Date	Time / Dist.	Meet	Name	Date	Time / Dist.	Meet
800m	IM	80-84								